



Nonviolent Communication™ (NVC)

**Compassionate Communication:
The Wonderful World of Re-Connection, Post-Covid**



Marla Jardine Certified Trainer, Nonviolent Communication ☒ Registered Psychiatric Nurse
www.MJardineConsulting.com 250-709-0256 Marla@MJardineConsulting.com



Dates: **April 23 and 24, 2022**
Location: **Duncan (location TBA)**
Time: **9:30 am to 4:00 pm**
Snacks and beverages provided. Please bring your own lunch.
Fee: **\$495.00**

This is an introduction to Nonviolent Communication (Compassionate Communication) by Marshall B. Rosenberg. You will learn the basics of NVC, deepen and integrate NVC consciousness so that this work becomes a more natural expression of your daily experience. NVC is more than just a tool; it is a consciousness that through experience, can be felt in the body. Learn the principles behind NVC work and have fun doing it! By learning how to love and really give empathy to yourself, you will transform your own life and in turn, the lives of the people closest to you. Please join us and gain an even deeper awareness of yourself and your life.

Attendees will need a copy of Marshall Rosenberg's book, *Nonviolent Communication: Language of Life*, 3rd edition. The book can be borrowed from the Library or purchased at any bookstore (Volume One, Chapters) or on-line from [PuddleDancer Press](http://PuddleDancerPress.com) (digital download offered too). The book was a recommended read for Microsoft's top executives by Satya Nadella when he became CEO in February 2014. Over 5 million copies have been sold in 35+ languages around the world.

To register and confirm your seat, please contact Marla by phone or email. Payment is accepted by e-transfer.

Phone: 250-709-0256 Email: Marla@MJardineConsulting.com

Please visit www.MJardineConsulting.com for more information about NVC and free resources.

*Out beyond the ideas of right doing and wrong doing,
there is a field. I will meet you there. –Rumi*